



## **PRESS RELEASE**

### **Tops and Wimborne Food Festival**

**2<sup>nd</sup> September 2009**

### **KIDS' FOOD CAN BE FUN AND NUTRITIOUS! - JUST ASK TOPS DAY NURSERIES, A PROUD SPONSOR OF THE 2009 WIMBORNE FOOD FESTIVAL**

Tops Day Nurseries based in the South and South West and its Mini Beasts holiday and out of school club are proud partners at this year's Wimborne Food Festival which takes place in the Dorset market town at the weekend of October 24<sup>th</sup> and 25<sup>th</sup>.

The annual free Wimborne Food Festival, is a celebration of eating and drinking, and aims to help people care more about food, where it comes from and its nutritional value, something Tops Nurseries believe is important to understand from an early age because it could shape children's eating habits for the rest of their lives!

During the two day Festival Tops and Mini Beasts will be based at Church House, Wimborne, and will be showing children of all ages and their parents how to cook edible magic wands. They will also be running a Mini Beast Zoo and will encourage everyone to come and feed the animals which range from Land Snails to Stick Insects and even a wormery. Children will also be invited to help create their very own food collage using pasta, rice, lentils and dried foods and this will be on display in the Tops & Mini Beast festival gallery. .

Tops and Mini Beasts are also running a recipe competition which is open to children and adults, and for more information log onto [www.hadlandcaregroup.co.uk](http://www.hadlandcaregroup.co.uk) or email your favourite recipe along with a photo of yourself and your dish and your age to [recipes@hadlandcaregroup.co.uk](mailto:recipes@hadlandcaregroup.co.uk)

Anyone is welcome to Church House and will be encouraged to cook and learn more about food and its origins, catering for all budgets – a hot topic pioneered by TV chef Jamie Oliver and introduced into Tops classrooms by Managing Director Cheryl Hadland

“We are delighted to be a supporter of the Wimborne Food Festival for the first time this year. A major part of any child's early years is the food they consume and how it affects their well being and growth and that is why we want to produce a recipe book which will feature the best recipes and which will be given out free of charge during the food festival. We attach great importance to

food and nutrition at our nurseries and out of school clubs and hopefully more children and parents will benefit from our experience and knowledge when they meet us at the Food Festival.”

Cheryl Hadland and the Tops and Mini Beasts team will be judging the recipe competition with the chefs and staff from The Hotel Du Vin.

Why not enter your favourite recipe in the competition the categories are:

From zero to 3 years

4 to 7 years

8 to 15 years

And

16 to adult

Winners will receive Brittany Ferry vouchers, meals at Hotel Du Vin, Splashdown vouchers, child swimming lessons, family days out and other food related goodies too.

The very best twelve recipes, three from each section will be created into a special recipe book which will be available at Church House and in the Food Factory. Judging alongside Cheryl Hadland and Zoe Griffin are Darren Rockett from Hotel Du Vin Poole, Clare Kavanagh from the Wimborne Food Festival, Jackie Phillipson from PPR. All of the winning dishes will be published in a special recipe book which can be collected at the Festival and is FREE to everyone.

Zoe Griffin, the manger from the Tops Nursery in Wimborne will be in the Hotel Du Vin and Littlemoors Farm Show Demonstration Tent for the first cookery slot at 10.10am on Saturday 24<sup>th</sup> October where she will be demonstrating how to prepare ‘Top Mini Beasts Munchies’ – treats which are nutritious and OH SO tasty too that toddlers and young children can’t resist them!

“I am delighted to be working with Tops at the Wimborne Food Festival this year as child nutrition is so important. Developing a child’s understanding of food and nutrition forms the basis of good eating habits for life. We have seen the children’s areas grow over the 3 years at the Festival and this year we have two dedicated areas for children to access free events along with experts running demonstrations and talks so no doubt these attractions will be as popular as ever!”

**For more information please contact : [jackie@p-pr.co.uk](mailto:jackie@p-pr.co.uk) Tel 01202 896698 or visit [www.wimbornefoodfestival.co.uk](http://www.wimbornefoodfestival.co.uk) and [www.topsdaynurseries.co.uk](http://www.topsdaynurseries.co.uk)**

